## How Covid Affected My Life

In late 2020, I was training with my track team when I first heard about the "Corona Virus". It was often used as a joke for whenever anyone sneezed or wore a mask during training. A few short months later, there were no more jokes.

My country, St. Kitts and Nevis, was on lock down. I feared the federation would be over run with the virus. Friday afternoons that were filled with music and laughter on the streets were now eerily silent. There was a ghostly, deafening quiet in what used to be the busiest and noisiest places. It carried on and on. I've always preferred being in my house so my experience was not unpleasant. I was unable to speak to my class mates like I usually do. In-person school was brought to a screeching halt and quite frankly, I was rather happy about this.

For now, covid hasn't affected me much personally. However, it was quite the experience to see the world stand still for the first time.